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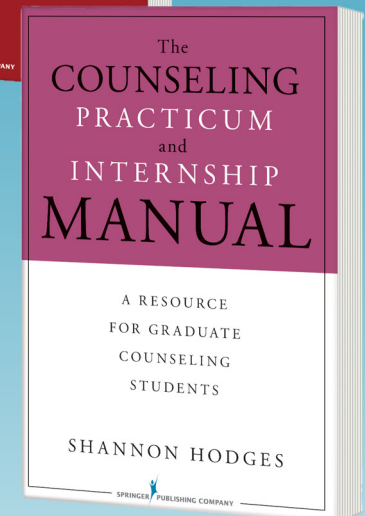
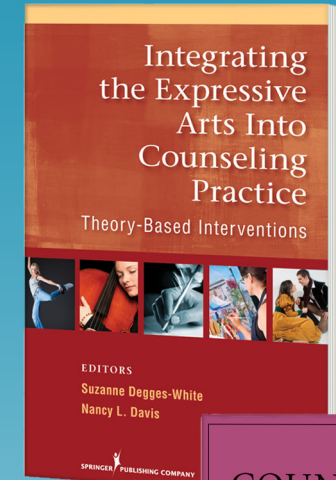
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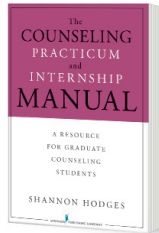


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## The Counseling Practicum and Internship Manual

Shannon Hodges, PhD, LMHC, ACS

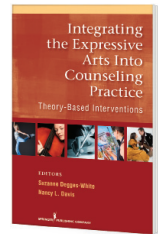
For many counseling students, the first experience with a counseling practicum or internship can be daunting. With this manual, students in practicum and internship settings receive the orientation and guidance they need to successfully navigate field placement.

Author Shannon Hodges shares over 16 years of expertise in counseling and clinical training. He discusses everything students need to know to fully understand all aspects of the practicum/internship process. The book provides detailed guidelines to selecting and applying for an appropriate practicum/internship, performing responsibly on the job, maintaining ethical standards, and much more. The manual comprehensively covers practicum/internships in all settings, including rehabilitation, school, mental health, addictions, and marriage and family counseling. He has authored numerous professional publications, including books, book chapters, journal articles, and essays.

### With this book, students will learn how to:

- Select, apply to, and interview for the internship/practicum
- Use the practicum/internship as a means to land a job
- Create a professional identity and demeanor
- Navigate ethical, legal, and professional issues
- Comply with HIPA (the Health Insurance Portability and Accountability Act)
- Use various new, leading technologies in counseling
- Write clinical case notes and develop treatment plans
- Set clear boundaries with clients and deal with difficult colleagues

August 2010 | 311 pp | Softcover  
978-0-8261-1832-5 | \$35.00



## Integrating the Expressive Arts into Counseling Practice: Theory-Based Interventions

Suzanne Degges-White, PhD, LMHC, LPC, NCC;  
Nancy L. Davis, PhD, LPC, LSC, Editors

This book teaches counseling students how expressive arts techniques—music therapy,

drama therapy, dance therapy, and creative writing—can be integrated within any of the chief theories and therapies that are commonly taught in counseling survey courses. Each chapter includes an introduction and history of the theory, a discussion of how expressive arts can be utilized within that theory, and finally, a collection of three or more sample expressive arts interventions. All of the creative interventions presented in this book have been used successfully in the field.

As an Associate Professor in the Department of Graduate Studies in Education at Purdue University and a Licensed Mental Health Counselor in private practice, Dr. White has been actively integrating the expressive arts into her clinical practice for over a decade with children, adolescents, adults, and couples.

### Key Features:

- Includes more than 50 expressive arts interventions for use with a wide variety of clients and presenting issues
- Interventions are presented within a framework of familiar counseling theories - narrative therapy, solution-focused therapy, CBT, feminist theory, and more
- Interventions utilize art therapy, music therapy, bibliotherapy, drama, expressive writing, dance, puppetry, sandplay, and other modalities
- Leading practitioners share their clinically proven interventions
- Creative interventions are clearly described in a step-by-step fashion, allowing clinicians to easily put them into practice

October 2010 | 281 pp | Softcover  
978-0-8261-0606-3 | \$50.00

## Marriage and Family Therapy: A Practice-Oriented Approach

Linda Metcalf, PhD, LMFT, LPC, Editor

This practical textbook helps students in marriage and family programs, as well as practicing marriage and family therapists, understand and apply a variety of the most popular family therapy models, including cognitive-behavioral therapies, narrative therapy, solution-focused therapy, Bowen family systems theory, family psychoeducation, and more.

Dr. Metcalf is an Associate Professor at Texas Wesleyan University, and a licensed professional counselor and licensed marriage and family therapist in Texas, where she has worked with adolescents and families for the past nineteen years in a variety of settings. She is also President Elect of the American Association for Marriage and Family Therapy, and the author of nine books. Her work has been excerpted in the *Ladies Home Journal*, *Woman's Day*, *Learning Magazine*, and numerous professional journals and books.

With contributions by highly recognized master therapists, including Albert Ellis, Insoo Kim Berg, Sue Johnson, Susan McDaniel, Derald Wing Sue, and many more, this resource thoroughly details each theory or model to help readers feel more confident in implementing these approaches in family therapy.

### Key Features:

- An introduction to the theory, its history, theoretical assumptions, techniques, and components
- Interviews from master therapists of the theory
- A case study with master therapist commentary
- A template for utilizing the approach, from the initial meeting through assessment, intervention, and termination
- Suggested questions, therapeutic strategies, and/or comments to consider in each phase of therapy

April 2011 | 650 pp | Hardcover  
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