

### Physical Change and Aging

*A Guide for the Helping Professions, Fifth Edition*

Sue V. Saxon, PhD;  
Mary Jean Etten, EdD, GNP, FT;  
Elizabeth A. Perkins, PhD (c), RNMH

This book serves as an authoritative textbook and guide to the physical changes and common pathologies associated with the aging process. This fifth edition presents the newly available research findings that differentiate “normal” aging from actual pathology.

The authors provide a thoroughly updated and expanded review of important topics in aging, including death and grieving, complementary and alternative therapies, nutrition, exercise, and much more. The book also demonstrates how the elderly population can gain greater personal control over aging through lifestyle modifications and preventive health strategies.

**Key topics introduced and discussed:**

- Psychosocial theories of aging
- Changes and disorders in the skeletal, nervous, cardiovascular, and respiratory systems
- Dementia, delirium, and mild cognitive impairment

November 2009 • 500 pp • Softcover • 978-0-8261-0441-0 • \$55.00

### Public Health and Aging

*Maximizing Function and Well-Being, Second Edition*

Steven M. Albert, PhD, MSc, MSPH;  
Vicki A. Freedman, PhD

How do public health policy, programs and ethics respond to the aging population? This newly updated edition introduces key topics central to this discussion. New chapters focus on financing preventive care, on long-term care, chronic disease in older adults, and ethical issues. The new edition also includes expanded discussions of the demography and epidemiology of aging, and of mortality and end-of-life care.

December 2009 • 408 pp • Hardcover • 978-0-8261-2151-6 • \$65.00

### Neuroimaging Research in Geriatric Mental Health

Howard J. Aizenstein, MD, PhD;  
Charles F. Reynolds III, MD;  
Myra Fernandes, MA, PhD, Editors

While the majority of the elderly population undergoes a normal aging process, a small minority can expect to suffer through an “abnormal aging” process, significantly increasing the likelihood of cognitive impairment and dementia. By exploring the neurobiological basis of these patient populations, scientists can begin to understand why abnormal aging happens and what can be done to treat it. This volume, the first book to apply the brain imaging techniques of neuroscience to the geriatric population, examines the state-of-the-art in our understanding of the aging brain.

March 2010 • 256 pp • Hardcover • 978-0-8261-1099-2 • \$65.00

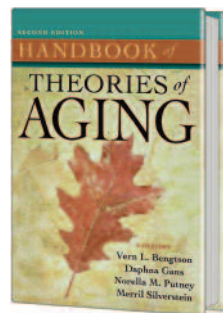


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### Handbook of Theories of Aging

*Second Edition*

Vern L. Bengtson, PhD;  
Daphna Gans, PhD;  
Norella Putney, PhD;  
Merril Silverstein, PhD, Editors

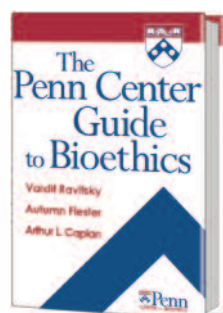
The contributors of this text have reached beyond traditional disciplinary boundaries to partner with researchers in adjacent fields in studying aging and age-related phenomena. This edition of the *Handbook* consists of 39 chapters

written by 67 internationally recognized experts in the field of aging, covering the major theoretical developments in gerontology over the past 10 years.

**Special Features:**

- Comprehensive coverage of aging theory, focusing on the biological, psychological, and social aspects of aging
- Discusses how aging theory informs public policy
- Summarizes the major themes of aging, and offers predictions about the future of theory development

October 2008 • 800 pp • Hardcover • 978-0-8261-6251-9 • \$90.00



### The Penn Center Guide to Bioethics

Vardit Ravitsky, PhD;  
Autumn Fiestler, PhD;  
Arthur L. Caplan, PhD, Editors

“This most noteworthy and authoritative collection of 67 essays...represents ‘the Penn way of doing bioethics’ ....Summing Up: Highly recommended.”

—Choice

The *Penn Center Guide to Bioethics* is the foremost authority on both traditional and cutting-edge bioethical issues. It navigates uncharted ethical terrains, shaping both academic and public discourses on the challenging controversies

generated by new technologies, theories, and medical advances. This volume represents the Penn Center’s distinct, pioneering approach to bioethics, one that emphasizes empirical treatment of bioethical issues, and the integration of bioethical scholarship with practical application.

April 2009 • 700 pp • Hardcover • 978-0-8261-1522-5 • \$65.00

### Aging America and Transportation

*Personal Choices and Public Policy*

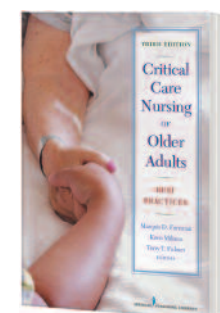
Joseph F. Coughlin, PhD;  
Lisa A. D’Ambrosio, PhD, Editors

Older adults are continuously confronted with challenges and conflicts concerning transportation, such as whether to use public transportation, how to understand the new technology, and how to continue to drive safely. Addressing these issues, this book is the result of research by the National Older Driver Safety Advisory Council, a collaboration between the MIT AgeLab and AARP’s Driver Safety Program.

This volume examines many of the issues faced by policymakers, transportation officials, vehicle manufacturers, health and human services professionals, and aging adults themselves as the largest generation prepares to drive into late adulthood. The book introduces the problem of aging America and transportation, describes the transportation infrastructure, explains the conflicts of the new, older driver, and describes the innovations that will significantly impact the future of mobility for all older adults.

June 2010 • 310 pp • Hardcover • 978-0-8261-2315-2 • \$65.00

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### Critical Care Nursing of Older Adults

*Best Practices, Third Edition*

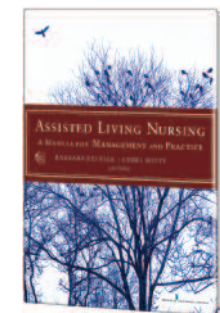
Marquis D. Foreman, PhD, RN, FAAN; Koen Milisen, PhD, RN;  
Terry T. Fulmer, PhD, RN, FAAN, Editors

This book is an evidence-based, best-practices guide that directs the bedside care of critically ill elders. The authors provide guidelines for both the complex clinical and management aspects of care. The book offers comprehensive coverage of all the issues caregivers need to be up to date on, including the standards of practice for geriatric care, new technologies, pharmacotherapy, ethical issues, and much more.

**Key topics discussed:**

- Strategies for patient safety for older patients in the intensive care setting
- Family responses to critical care of the older adult
- Infection, sepsis, and immune function

November 2009 • 448 pp • Softcover • 978-0-8261-1096-1 • \$80.00



### Assisted Living Nursing

*A Manual for Management and Practice*

Barbara Resnick, PhD, CRNP, FAAN;  
Ethel Mitty, EdD, RN, Editors

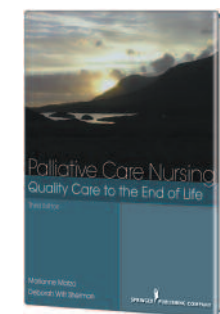
“[T]his book proposes wonderful assessment and intervention material that will help the entire health care team keep residents within their AL communities through early recognition and management of acute illnesses.”

—John B. Murphy, MD

President, American Geriatrics Society  
Professor, Warren Alpert Medical School, Brown University

This book provides a comprehensive overview of both management activities and clinical competencies for assisted living nurses. The authors provide practical guidelines and decision-making models to help nurses address both the large- and small-scale challenges of their daily practice. With *Assisted Living Nursing*, readers can gain the essential problem-solving and task management skills critical to their daily work.

July 2009 • 416 pp • Softcover • 978-0-8261-5738-6 • \$75.00



### Palliative Care Nursing

*Quality Care to the End of Life, Third Edition*

Marianne LaPorte Matzo, PhD, APRN;  
Deborah Witt Sherman, PhD, APRN, Editors

Palliative care is a philosophy of caregiving that integrates disease modification with supportive, compassionate therapies for patients at the end of life. This book provides newly updated content, knowledge, attitudes, skills, and cutting-edge teaching and learning strategies to achieve the AACN End-of-Life nursing competencies. Now in its third edition, this book emphasizes the value of complementary, holistic modalities in promoting health, wholeness, and wellness, even as death approaches.

**Key topics discussed:**

- Ethical aspects of palliative care
- Legal aspects of end-of-life decision-making
- Loss, suffering, grief, and bereavement for patients and their families
- Symptom-specific nursing management of pain, anxiety, depression, fatigue, malnutrition, and dehydration—all common to palliative care

December 2009 • 800 pp • Hardcover • 978-0-8261-5791-1 • \$85.00

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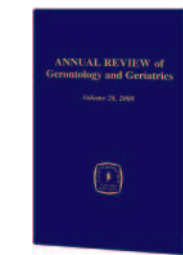
### Annual Review of Gerontology and Geriatrics

*Volume 29, 2009*  
*Life-Course Perspectives on Late Life Health Inequalities*

Toni C. Antonucci, PhD;  
James Jackson, PhD, Volume Editors

It is increasingly recognized that an individual’s experience of old age is fundamentally influenced by their earlier life experiences. This volume focuses on morbidities in general as well as specific morbidities such as diabetes, cardiovascular disease and hypertension, giving special attention to life-time influences on cognition and functional abilities.

Vol. 29: November 2009 • 360 pp • Hardcover  
978-0-8261-0511-0 • \$90.00



### Annual Review of Gerontology and Geriatrics

*Volume 28, 2008*  
*Gerontological and Geriatric Education*

Harvey L. Sterns;  
Marie A. Bernard, Volume Editors

Vol. 28: December 2008 • 208 pp • Hardcover  
978-0-8261-0099-3 • \$80.00

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